



# PSHE Roadmap – Year A

Summer -Feelings and common anxieties when changing schools.

Summer – Puberty, bodies and reproduction

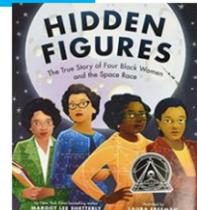
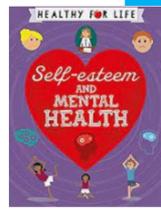
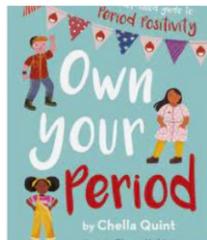
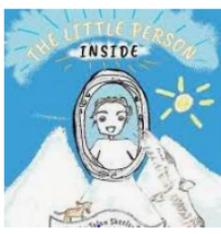
Spring 2 - Skills for using the Internet safely & Social media

Spring 2 -Online friendships and keeping safe

Relationships

Living in the wider world

Health and Wellbeing



Spring 1 - Exploring risk in relation to gambling



Autumn 1 - Different types of families

Autumn 1 - Healthy and harmful relationships

Autumn 2 - Consent

Autumn 2 – Puberty, changes

Spring 1 - Spending decisions

## Dart

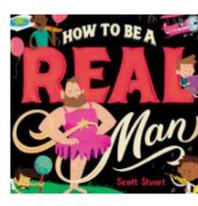
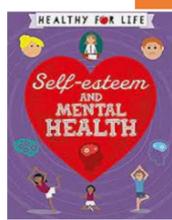
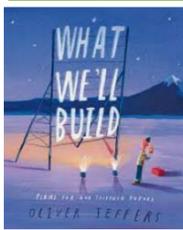
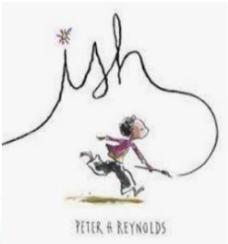
Summer – Sun safety

Summer – Strategies to support positive mental wellbeing

Summer – Expressing feelings

Spring 2 – Everyday feelings

Spring 2 – The Internet and everyday life



Spring 1 – Our bodies and boundaries



Autumn 1 - World of work

Autumn 1 - Spending and saving money

Autumn 2 - Road safety

Autumn 2 Individual and collective strengths

Spring 1 - Physical activity

## Pico & Fusion



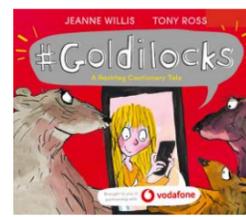
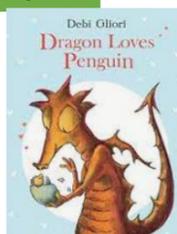
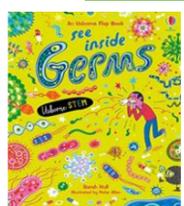
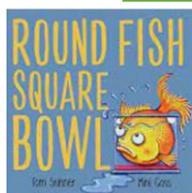
Summer – Our bodies and boundaries

Summer – Keeping our teeth healthy

Summer – Big Feelings

Summer - Online friends

Spring 2 - Online interactions and information sharing



Spring 2 - Sharing photos online

Autumn 1 - Our communities

Autumn 2 - Everyday safety

Autumn 2 - Basic first aid

Spring 1 - Learning about work

Spring 1 - Hand hygiene

Autumn 1 - Respecting uniqueness



Summer - Managing our time safely whilst online

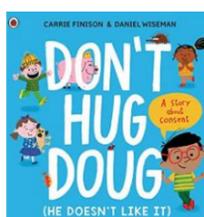
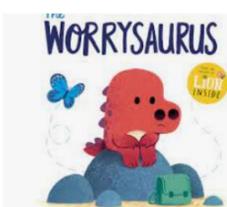
Summer - Good and not so good feelings

Summer - We all have feelings

Spring 2 - Healthy food choices

Spring 2 - Our health

## Topper



Spring 1 - Our bodies and boundaries



Autumn 1 - Welcome to school

Autumn 1 - Emergencies and getting help

Autumn 2 - People who care for us

Autumn 2 - Rights, responsibilities and respect

Spring 1 - Healthy Friendships

## Oppie



# PSHE Roadmap – Year B

Summer -Feelings and common anxieties when changing schools.

Summer – Puberty, bodies and reproduction

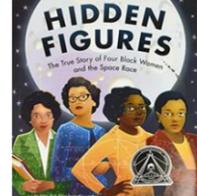
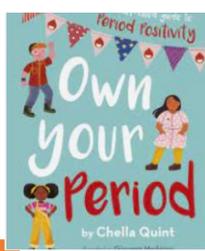
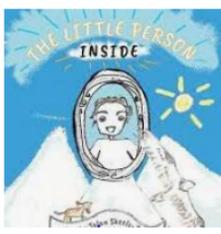
Spring 2 - Skills for using the Internet safely & Social media

Spring 2 -Online friendships and keeping safe

Relationships

Living in the wider world

Health and Wellbeing



Spring 1 - Exploring risk in relation to gambling

Autumn 1 - Different types of families

Autumn 1 - Healthy and harmful relationships

Autumn 2 - Consent

Autumn 2 – Puberty, changes

Spring 1 - Spending decisions



Dart



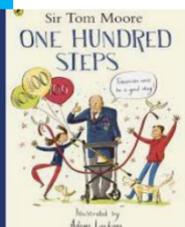
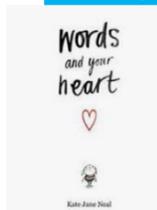
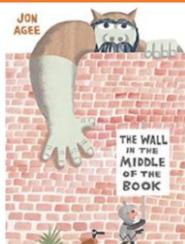
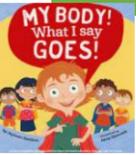
Summer – Our bodies and boundaries (NSPCC Materials)

Summer – The environment

Summer – Managing feelings

Spring 2 – Keeping personal information safe and private online

Spring 2 – Safely enjoying the online world



Spring 1 – Volunteering and citizenship

Autumn 1 - What makes a good friend?

Autumn 1 - Respecting others

Autumn 2 - Resolving conflict and managing negative pressure

Autumn 2 - Everyday safety and basic first aid

Spring 1 - Money choices



Pico & Fusion

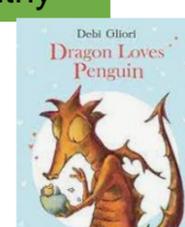
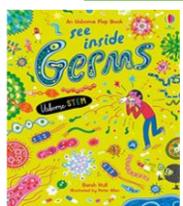
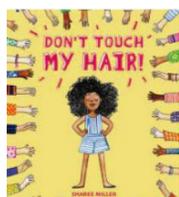
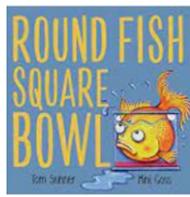
Summer – Our bodies and boundaries

Summer – Keeping our teeth healthy

Summer – Big Feelings

Summer - Online friends

Spring 2 - Online interactions and information sharing



Spring 2 - Sharing photos online

Autumn 1 - Our communities

Autumn 2 - Everyday safety

Autumn 2 - Basic first aid

Spring 1 - Learning about work

Spring 1 - Hand hygiene

Autumn 1 - Respecting uniqueness

Summer - Managing our time safely whilst online

Summer - Good and not so good feelings

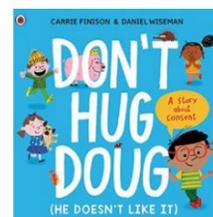
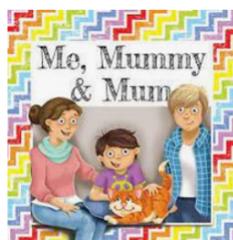
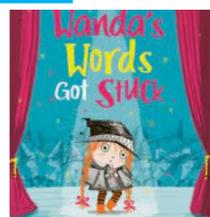
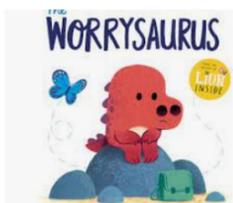
Summer - We all have feelings

Spring 2 - Healthy food choices

Spring 2 - Our health



Topper



Spring 1 - Our bodies and boundaries

Autumn 1 - Welcome to school

Autumn 1 - Emergencies and getting help

Autumn 2 - People who care for us

Autumn 2 - Rights, responsibilities and respect

Spring 1 - Healthy Friendships



Oppie



# PSHE Roadmap – Year C

Summer -Feelings and common anxieties when changing schools.

Summer – Puberty, bodies and reproduction

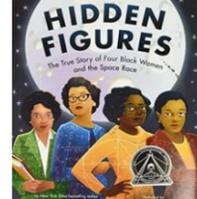
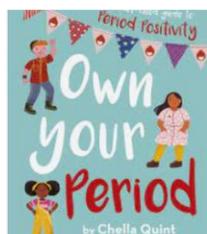
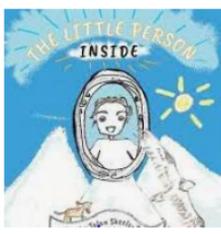
Spring 2 - Skills for using the Internet safely & Social media

Spring 2 -Online friendships and keeping safe

Relationships

Living in the wider world

Health and Wellbeing



Spring 1 - Exploring risk in relation to gambling

Autumn 1 - Different types of families

Autumn 1 - Healthy and harmful relationships

Autumn 2 - Consent

Autumn 2 – Puberty, changes

Spring 1 - Spending decisions



Dart

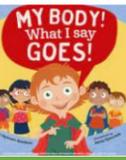
Summer – Exploring risk in everyday situations

Summer – Managing challenges and change

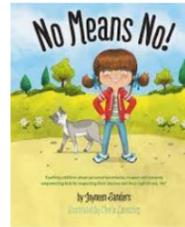
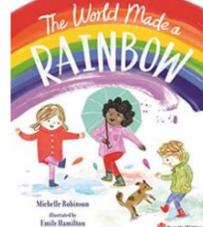
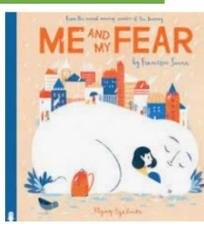
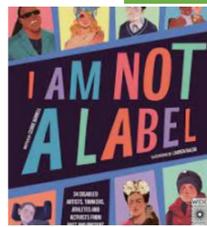
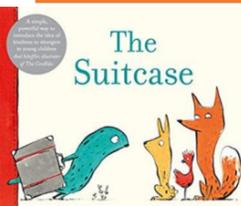
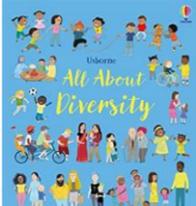
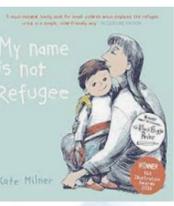
Summer – Mental health and keeping well

Spring 2 – Online contact

Spring 2 – Online content



Spring 1 – Our bodies and boundaries



Autumn 1 - Diverse communities

Autumn 1 - Respectful relationships

Autumn 2 - Nutrition and healthy eating

Autumn 2 - Illness

Spring 1 - Drugs



Pico & Fusion

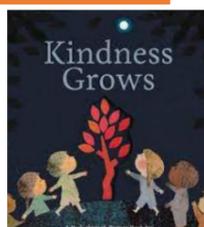
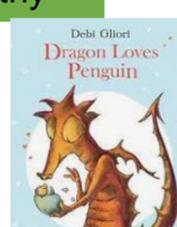
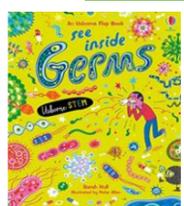
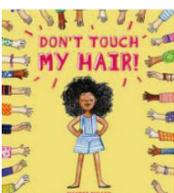
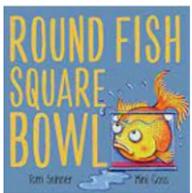
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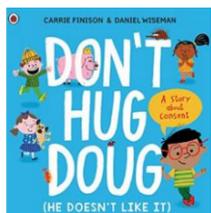
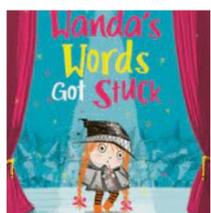
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Topper



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Autumn 1 - Emergencies and getting help

Autumn 2 - People who care for us

Autumn 2 - Rights, responsibilities and respect

Spring 1 - Healthy Friendships



Oppie